DirectHome MEDICAL

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FITTING YOUR MASK

Refer to the mask assembly diagram

1) Remove plastic cover from Silicone Seal **(C)**.
2) Unclip the Headgear **(K)** from the Glider™ strap **(E)** by pulling the Easy Release Cord **(I)** down. Holding your Mask Base **(A)** in one hand, spread the Headgear with your free hand just enough to fit comfortably over your head.
3) Lightly hold the mask against your face, with the bottom of the seal under your chin, and spread the Headgear over your head with your free hand.
4) Re-attach the Headgear Clip **(H)** to the Glider™ strap.
5) Gently adjust Top Horizontal straps to ensure the bridge of the seal remains stable on nose.
6) Gently tighten Bottom straps, ensure the bottom of the seal remains fixed under the chin. Ensure that the Glider™ strap is centred.
7) Gently adjust Top Crown straps to remove slack.
8) Connect CPAP machine hose running at prescribed pressure to mask.

- If necessary, tighten the lower straps to eliminate any leaks. (Avoid over tightening the straps)
- If leaks persist, gently tighten the top straps. It is not necessary for the Forehead Cushion to touch your forehead if it does not.
- If leaks persist, change to the alternate size Silicone Seal, which is found in your FlexiFit™ HC431 Mask box.
- When you need to remove your mask unclip the Headgear from the Glider™ strap by pulling the Easy Release Cord forward or down.

The FlexiFit™ HC431 and accessories are Latex free.
Many people find CPAP therapy causes dryness of the nose and throat.
Heated humidification can substantially reduce these symptoms.
Contact your supplier and ask about Ambient Tracking Plus®.