

**PHILIPS**  
RESPIRONICS

## *Amara View*

Minimal contact

Full face mask

Fitting guide

 **DirectHome  
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Enjoy the **view**

# Congratulations

You are about to experience the innovative design, comfort and performance of Amara View.

Amara View's under-the-nose design prevents red marks, discomfort and irritation on the nose bridge.\*

- Innovative design prevents red marks, discomfort or irritation on the nose bridge\*
- The smallest and lightest† of all leading full face masks
- Widest field of vision of all leading full face masks\*
- Enables wearing glasses, reading, and watching TV
- No bulky cushion and frame in front of your face and eyes



**Easy to use with one modular frame for all cushion sizes.**

Amara View covers less of a patient's face than all leading full face masks\*

\*Internal testing; data on file

†Without quick release tube



# Amara View features just for you:

- Innovative under-the-nose design

- Open field of vision to wear glasses, read and watch TV

- Leaves no red marks on the bridge of the nose

Easy to use with one modular frame for all cushion sizes

Quick release tabs for easy on and off

Soft and comfortable fabric straps

Quick disconnect



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# Helpful tips



Here are some tips to keep in mind when fitting and using your Amara View sleep apnea mask.

1

The mask should rest comfortably against your face. The cushion nostril opening goes under your nostrils. The headgear should be away from your eyes. The bottom of the mask cushion should rest just above your chin with your mouth slightly open.

2

The most common mistake is over-tightening the headgear. The headgear should fit loosely and comfortably. If your skin bulges around the mask or if you see red marks on your face, loosen the headgear.

3

When fitting, assume different sleeping positions. Move around until comfortable. If there are any excessive air leaks, make final adjustments. Some air leaking is normal.

# Additional resources

We're dedicated to your satisfaction and aim to answer all of your questions about the Amara View sleep apnea mask. For more information, including helpful videos, visit [www.philips.us/youramaraview](http://www.philips.us/youramaraview)



## Call us

**Patient Management Center**  
**1-866-820-3548**

Philips Respironics Amara View is available by prescription only. As with any mask or interface, users may experience certain types of discomfort or irritation. Talk to your doctor to determine if it is right for you. Be sure to ask your homecare provider for more information about Amara View.

# Amara View fitting guide

Achieving the right fit with Amara View is easy; just follow the instructions below or watch a video at [www.philips.us/youramaraview](http://www.philips.us/youramaraview)

See OIS fitting guide for complete instructions.



Loosen headgear to a large setting, then grip and twist the headgear clips away from the frame to disconnect.



Hold the mask against your face. Place the mask under your nose and over the cushion nostril opening. Push the mask cushion up.

**(Note: Do not place the mask over your nose or place your nose in the cushion nostril opening.)**



Pull the mask over your head.



Press the headgear clips into place to connect to mask.



Pull back the tabs on the headgear to evenly adjust the top and bottom straps. Pull back the tab to adjust the crown strap.



6



Connect the flexible tubing (included with your CPAP or bi-level device) to the Amara View quick release tube.



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[www.philips.us/youramaraview](http://www.philips.us/youramaraview)

Caution: US federal law restricts these devices to  
sale by or on the order of a physician.

RRDPGH MG 04/24/15 MCI 1122350 PN 4106654  
1010 Murry Ridge Lane, Murrysville, PA 15668  
800-345-6443 • 724-387-4000