Help make therapy easy from the start

Introducing ResMed AirFit™ N30, the first nasal cradle mask on the market with front-end tubing and our lightest option yet.* It's easy to use and well-balanced, with unique features that maximize comfort and performance while minimizing facial contact. And because it's small, simple and discreet, AirFit N30 is designed to make adjusting to and staying compliant with therapy easier than ever before.

ResMed.com/AirFitN30

AirFit N30 highlights

QuickFit™ elastic headgear is designed to make AirFit N30 easy to fit right out of the package. Slip it on and off like a pair of swim goggles.

Split bands allow you to loosen or tighten the headgear if needed.

Single side-clip on the headgear provides added adjustability if needed.

Nasal cradle cushion rests discreetly under the nose, is curved for comfort and provides an excellent seal for 2 out of 3 CPAP users who tried it in a recent study.[1†] It's made from a soft, lightweight silicone that conforms to the shape of the nose.

QuietAir™ technology makes AirFit N30 quieter than F&P™ Brevida™ and Philips™ Respironics nasal masks, including Wisp™ and DreamWear™ nasal.* Its diffused venting is designed to break up exhaled air so it's spread out lightly, minimizing sleep disruptions.

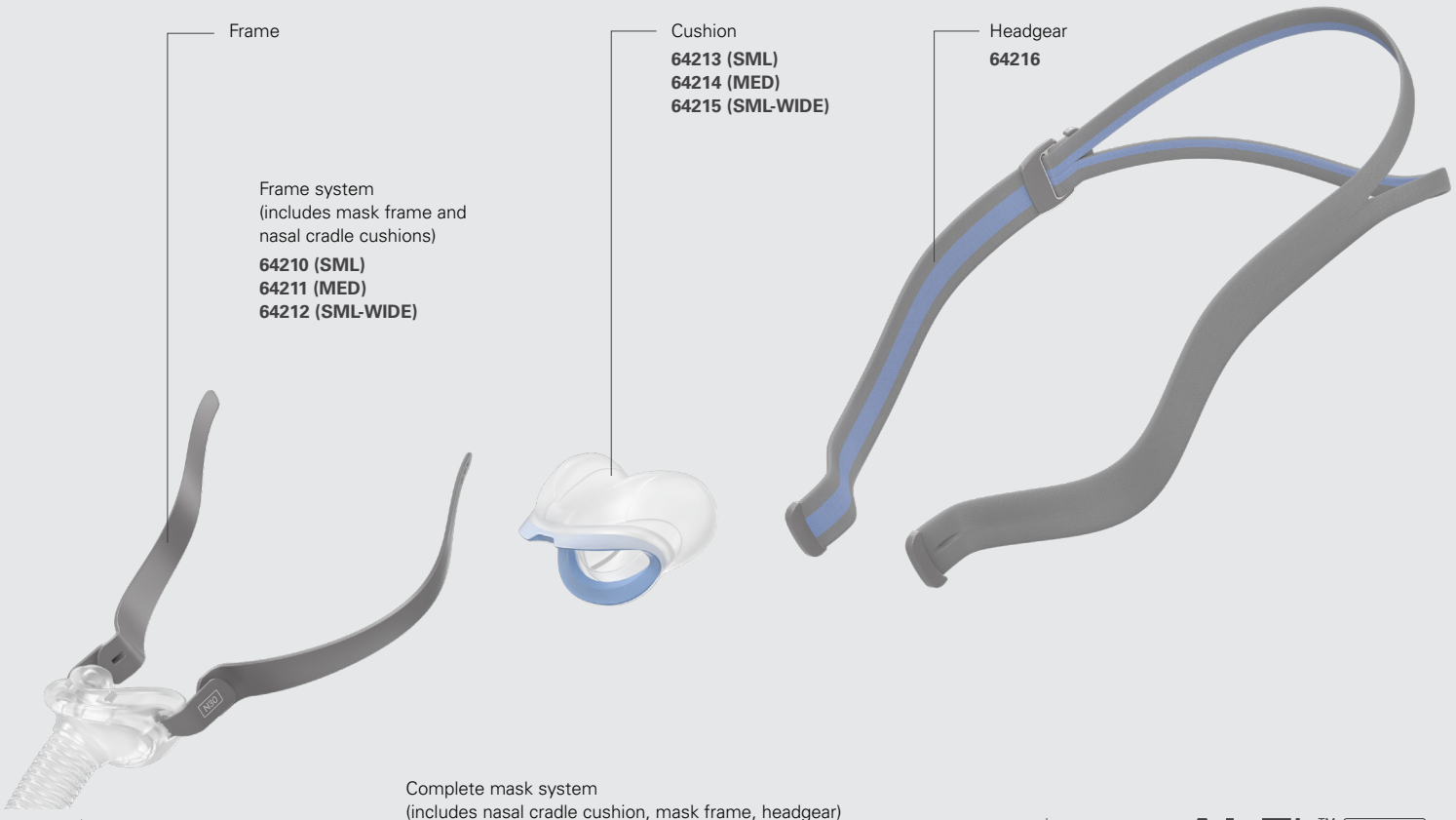
AirFit N30 product codes

Complete mask systems (includes mask frame, nasal cradle cushion and headgear)	**Product code**
AirFit N30 Mask System – SML	**64222**
AirFit N30 Mask System – MED	**64223**
AirFit N30 Mask System – SML-WIDE	**64224**
Nasal cradle cushion	
AirFit N30 Cushion – SML	**64213**
AirFit N30 Cushion – MED	**64214**
AirFit N30 Cushion – SML-WIDE	**64215**

Frame system (includes mask frame and nasal cradle cushion)	**Product code**
AirFit N30 Frame System – SML	**64210**
AirFit N30 Frame System – MED	**64211**
AirFit N30 Frame System – SML-WIDE	**64212**
Headgear	
AirFit N30 Headgear	**64216**

Set up patients for a lifetime of success

Did you know equipping patients with the right CPAP mask early on can boost CPAP adherence?[2] A recent study shows that, on average, CPAP users sleep much longer each day – 46 minutes more, in fact – with AirFit N30 compared to their current mask.[1‡] And when paired with the ResMed myAir™** app, patients can track their progress with a daily sleep score and adjust to therapy with personalized videos and tips.



AirFit™ N30
Nasal cradle mask

ResMed

AirFit™ N30

Fitting guide for AirFit N30

- While holding the nasal cradle cushion away from the nose, make sure the cushion size (SML, MED or SML-WIDE), and left (L) and right (R) indicators are facing towards you. Place the nasal cradle cushion under the nose.

- Pull the QuickFit™ headgear over the head by holding the bottom band and guiding it around the back of the head. The top band should sit comfortably on the crown of the head.

- Briefly pull the nasal cradle cushion away from the nose, and then place it back under the nose to ensure the cushion fits well.

- To achieve a comfortable fit, spread the split bands on the QuickFit headgear apart to loosen the mask or draw them closer together to tighten the mask.

- To fix a mask leak, adjust the QuickFit headgear by pulling it through the single side-clip. Adjust it just enough for a comfortable seal. Do not overtighten. You may need to adjust the headgear over time.

- The mask is now fitted and ready to use.

For patients with long hair, we recommend feeding it through the back of the headgear. If tied in a ponytail, it should sit high enough to fit comfortably through the split strap on the headgear.

Refer to the user guide for further instructions and complete labeling information including indications, contraindications, warnings and precautions.

* As of October 21, 2019. Based on available user guide data for AirFit N30, F&P Brevida, Philips DreamWear nasal and Wisp. The total weight of AirFit N30, which includes the headgear and excludes the packaging, is 45g. The sound power level of AirFit N30 is 24.7 dBA.
† CPAP users rated objective criteria for AirFit N30 and AirFit P10 on a Likert Scale of 0-10
‡ Statistically significant differences ($p < 0.05$) in median scores were found between the two masks
** The myAir for Air10 by ResMed app is available in English only in the US, Canada, New Zealand and Australia, and in Korean in Korea
1 ResMed guided external clinical study of 17 evaluable, existing CPAP mask users from Feb. 12–25, 2019 in Sydney, AU who trialed ResMed AirFit N30 at home for 7 nights in place of their prescribed mask, ResMed AirFit P10.
2 Brooks, Rita. 8 Tips to Increase CPAP Adherence in Sleep Apnea Patients. AAST. Sept. 5, 2017. Accessed online at: https://www.aastweb.org/blog/8-tips-to-increase-cpap-adherence-in-sleep-apnea-patients on Aug. 26, 2019.
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