Why choose OptiChamber Diamond?

It is designed to help you get an effective treatment.
It gives you time to breathe in your medication.
The detachable facemask has a soft cushion for added comfort.
You can use it with all your commonly prescribed pMDI medications.

Ask your doctor or pharmacist for more information.

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Helping you stay in control
Philips Respironics OptiChamber Diamond anti-static valved holding chamber and LiteTouch facemask

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Tips for an effective treatment:

- Shake your inhaler before you use it. This will help to mix the medication inside.
- If you are prescribed more than one puff of medication, only take one puff at a time.
- When using the mouthpiece, inhale slowly, taking a deep breath.
- Once you have breathed in the medication, hold your breath for up to 8 seconds.
- When using the facemask, make sure it is resting on the face with no gaps for the medication to leak out.
- Children should use the mouthpiece as soon as they are able.

Why should I use a chamber?

The medicine in your inhaler comes out very fast and can end up in your mouth and throat. Using a chamber (sometimes called a spacer) helps to get more of the medicine into your lungs, where it works, and means you can get a better treatment.

When using an inhaler alone:
Medicine can end up in the mouth, throat and stomach and may cause side effects.

When using an inhaler with a valved holding chamber:
More medicine is delivered to the lungs where it works.

Should I use a facemask or mouthpiece?

Young children and adults who cannot use the mouthpiece should use a facemask, but you should change to a mouthpiece as soon as you are able. Simply remove the LiteTouch facemask and use the mouthpiece; if there is any difficulty, you can replace the facemask.

*Fig 1 & 2 Adapted from Hirst, PH et al. 2001. Deposition and pharmacokinetics of an HFA formulation of Triamcinolone Acetonide delivered by pressurized metered dose inhaler. J. Aerosol Med. 14:155-165.
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OptiChamber Diamond anti-static valved holding chamber is designed for ease of use and to help you achieve an effective treatment from your inhaler. The optional, LiteTouch facemask has a soft cushion to help it fit easily onto the face and provide a more comfortable treatment for your child.

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