



Helping you stay in control

Philips Respironics OptiChamber Diamond
anti-static valved holding chamber and
LiteTouch facemask

PHILIPS

RESPIRONICS

sense and simplicity

Why choose OptiChamber Diamond?

It is designed to help you get an effective treatment.

It gives you time to breathe in your medication.

The detachable facemask has a soft cushion for added comfort.

You can use it with all your commonly prescribed pMDI medications.

Ask your doctor or pharmacist for more information.





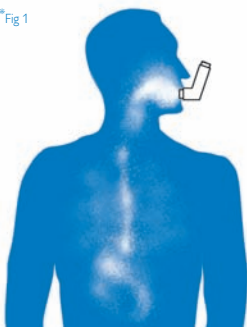
Philips Respironics
OptiChamber Diamond
and LiteTouch facemask
Comfort and performance combined

OptiChamber Diamond anti-static valved holding chamber is designed for ease of use and to help you achieve an effective treatment from your inhaler. The optional, LiteTouch facemask has a soft cushion to help it fit easily onto the face and provide a more comfortable treatment for your child.

Why should I use a chamber?

The medicine in your inhaler comes out very fast and can end up in your mouth and throat. Using a chamber (sometimes called a spacer) helps to get more of the medicine into your lungs, where it works, and means you can get a better treatment.

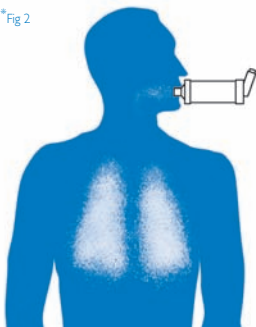
* Fig 1



When using an inhaler alone:

Medicine can end up in the mouth, throat and stomach and may cause side effects.

* Fig 2



When using an inhaler with a valved holding chamber:

More medicine is delivered to the lungs where it works.

Should I use a facemask or mouthpiece?

Young children and adults who cannot use the mouthpiece should use a facemask, but you should change to a mouthpiece as soon as you are able. Simply remove the LiteTouch facemask and use the mouthpiece; if there is any difficulty, you can replace the facemask.

* Fig 1 & 2 Adapted from Hirst, P.H. et al. 2001. Deposition and pharmacokinetics of an HFA formulation of Triamcinolone Acetonide delivered by pressurized metered dose inhaler; J. Aerosol Med. 14:155-165.

Tips for an effective treatment:

- Shake your inhaler before you use it.
This will help to mix the medication inside.
- If you are prescribed more than one puff of medication, only take one puff at a time.
- When using the mouthpiece, inhale slowly, taking a deep breath.
- Once you have breathed in the medication, hold your breath for up to 8 seconds.
- When using the facemask, make sure it is resting on the face with no gaps for the medication to leak out.
- Children should use the mouthpiece as soon as they are able.



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