



# Fitting Tips

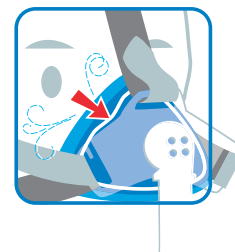


## The IQ<sup>®</sup> Nasal Mask

The wire embedded inside the mask shell will bend with slight pressure



1. The mask shell can be shaped and re-shaped to follow the contours of the face. If the mask has been shaped previously, return it to its original shape by hooking your thumbs in the corners of the gel opening and bend the corners out. The cushion shape should resemble an even triangle.
2. Assemble the mask to the headgear according to the product instructions. Place mask and headgear on head, center, and adjust the straps for a comfortable fit. If possible, fit while in your preferred sleeping position.
3. Connect mask tubing to airway pressure device tubing, and turn unit on.
4. If you feel any air leaks, gently press along the wire (embedded inside the mask shell) to seal the leaks. The wire is very durable, and can be maneuvered repeatedly.
5. If necessary, pull the mask away from your face and reset on the nose; move mask higher or lower; or readjust headgear. The mask tubing can be secured to the headgear with the loop strap, or draped to either side.



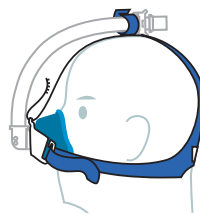
Please contact us if you have any questions on your IQ Mask and headgear:  
603-758-6600 [www.sleepnetcares.com](http://www.sleepnetcares.com)

**IQ StableFit Headgear** #55044  
**IQ mask with IQ StableFit Headgear** #50655



- Breath-O-Prene<sup>®</sup> SILVERtec<sup>™</sup> fabric
  - Antimicrobial
  - Maximizes breathability
  - Latex free and adhesive free
- One size, stable frame

**IQ 3 Point Headgear** #55046  
**IQ mask with IQ 3 Point Headgear** #50647



- Breath-O-Prene<sup>®</sup> SILVERtec<sup>™</sup> fabric
  - Antimicrobial
  - Maximizes breathability
  - Latex free and adhesive free
- One size, minimum frame

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# Trouble Shooting

## The IQ<sup>®</sup> Nasal Mask

If you have redness on your face or the bridge of your nose:

- Make sure the headgear is not too tight
- Check that the mask is not pinching bridge of nose; adjust pliable ring or nose clip to reduce pressure
- Pull the mask away from face and reset on nose

If you are experiencing leaks:

- Follow Fitting Tips for mask
- Readjust headgear

### Mask Care

Clean mask and tubing daily with mild soap and water; allow to air dry. Store in a cool, dry place away from excessive heat and excessive cold.

DO NOT use excessive and repeated force to bend the pliable ring or nose clip. The wire may lose flexibility and prevent the mask from forming a seal.

DO NOT clean the mask in a washing machine or dish washer.

DO NOT puncture or tear the gel cushion. The gel is non-toxic, but can leak out. Damage to the gel cushion will prevent the mask from forming a seal and will create air leak; if the gel cushion is damaged, the mask must be replaced. This type of damage is not covered by our warranty.

DO NOT try to repair the gel cushion with tape or adhesive.

DO NOT block swivel vent holes; this will cause patient to re-breathe exhaled air.

### General Information

- Single size
- 90 day warranty against manufacturer's defects
- Wash mask on a daily basis with mild soap and water
- CE Mark 0123; latex free, hypoallergenic
- Small tubing with swivel connector and quick release included with mask
- Negligible pressure drop throughout mask system
- Compatible with all positive airway pressure devices