

Value-added performance

Philips Respironics Pico – traditional nasal mask



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Mask fitting guide

1

Before putting on the mask, make sure the cushion fits the width of your nose without blocking your nostrils.



2

Disconnect the headgear clips by twisting them away from the frame like a key.



3

Holding the mask against your face, gently pull the headgear over your head.



4

Reconnect the headgear clips by pressing onto the mask frame.



5

Adjust the lower and upper straps by pulling the tabs back gently. Do not over-tighten; the mask should fit comfortably.



6

Final adjustments for comfort and seal should be made while lying down with your device pressure applied.

Additional details on fitting may be found in the instructions that accompany your mask.

For more information, please visit www.philips.com/respironics

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