

PHILIPS

RESPIRONICS

DreamWear



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Nasal Mask with Under the Nose Cushion

Instructions for use - EN

1 Safety Information

Intended Use

This nasal mask is intended to provide an interface for application of CPAP or bi-level therapy to patients. The mask is for single patient use in the home or multi-patient use in the hospital/institutional environment. The mask is to be used on patients (>66lbs/30kg) for whom CPAP or bi-level therapy has been prescribed.

⚠ Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

⊖ Note: Not made with natural rubber latex or DEHP.

Symbols



Manufacturer



Humidity Limits



Philips Respironics System One
Resistance Control Value



Temperature Limits



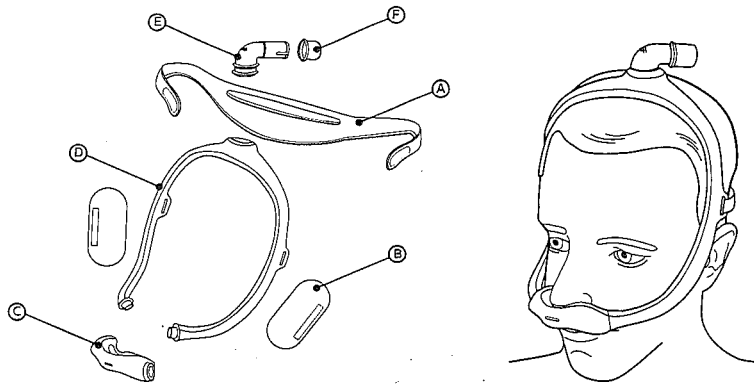
Not Made with Natural Rubber Latex

⚠ Warnings

- This mask is not suitable for providing life support ventilation.
- Discontinue use and contact your healthcare professional if any of the following symptoms occur: skin redness, irritation, discomfort, blurred vision, or drying of the eyes.

- Discontinue use and consult your healthcare professional if any of the following symptoms occur: unusual chest discomfort, shortness of breath, severe headache, eye pain or eye infections.
- Discontinue use and consult your healthcare professional if any of the following symptoms occur: tooth, gum, or jaw soreness. Use of a mask may aggravate an existing dental condition.
- Do not overtighten the headgear straps. Watch for signs of overtightening, such as excessive redness, sores or bulging skin around the edges of the mask. Loosen the headgear straps to alleviate symptoms.
- Do not block or seal off the exhalation ports.

2 What's in the Package



- (A) Headgear
- (B) Mask frame fabric sleeves (optional)
- (C) Mask cushion (available in S, M, L, MW) with built-in exhalation (do not block)
- (D) Mask frame (available in small (SM), medium (MED), large (LG))
- (E) Elbow with built-in exhalation (do not block)
- (F) Tubing quick release (may remain in the CPAP hose)

3 Before Use

- Hand wash the entire mask before use (see *Mask Care* section).
- Wash your face. Do not use moisturizer or lotion on your hands or face.
- Inspect the entire mask. Discard and replace any damaged or worn parts.

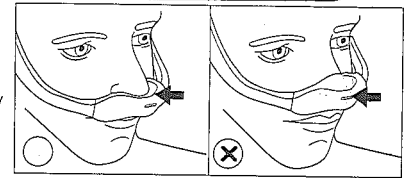
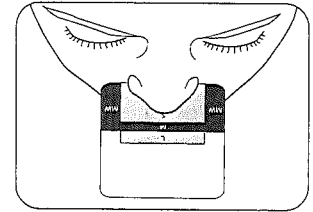
4 Achieving the Right Fit

Cushion Sizing

Four cushion sizes (S, M, L, MW) are available. Place the cushion sizing gauge under your nose (as shown).

Tip: For the best performance, use the smallest cushion that fits your nose.

1. Hold the gauge horizontally under your nose and select the cushion size based on where the outer edge of your nostrils and tip of your nose contact the gauge. A mirror or another person may assist with the sizing.
2. The cushion opening will be directly under your nostrils. The cushion will hug your nose and leak will be minimal.
3. At no time should your nose be inside the cushion opening. If any part of the cushion overlaps your nose, the cushion is being worn incorrectly. A different size cushion may be needed.



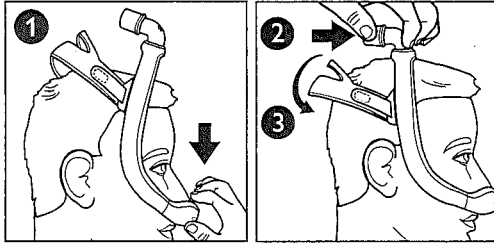
Contact your healthcare provider for additional information.

Philips Respironics System One Resistance Control

Using your mask with a Philips Respironics System One device provides optimal comfort. The provider sets this value (X1) on your device.

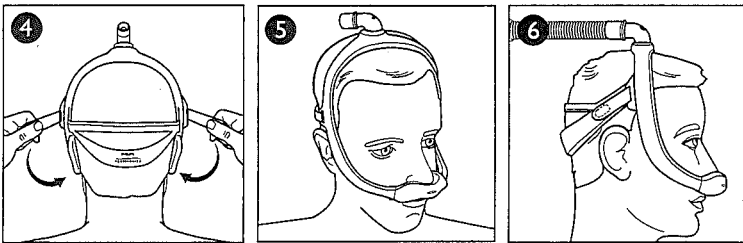
Putting on the Mask

- 1 With the mask assembled (see *Assembly* section), place the cushion under the nose.
- 2 Position the frame on the top of the head.
- ⚠ **Tip:** For proper sizing, see *Cushion sizing* and *Mask frame selection* sections.
- 3 Pull the headgear over the back of the head.



Adjusting the Mask

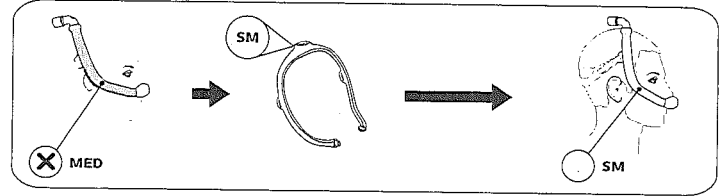
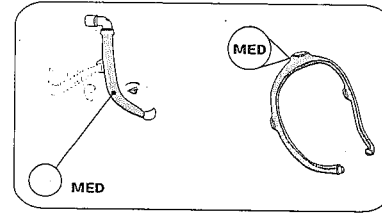
- 4 Peel the headgear tabs away from the fabric. Adjust the straps length. Press the tabs back against the fabric to reattach.
- ⚠ **Note:** Do not overtighten the headgear. Signs of overtightening include redness, sores, or bulging skin around the edges of the mask.
- 5 Position the mask until it fits comfortably.
- 6 When finished the elbow should rest at the top of the head.



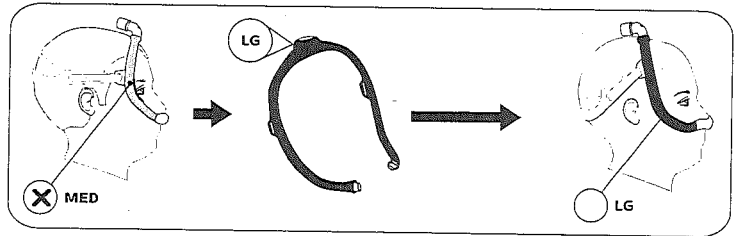
Mask Frame Sizing

- Medium (MED) frame
- Small (SM) frame
- Large (LG) frame

The medium (MED) mask frame will comfortably fit most faces. If the MED frame does not fit your face, contact your healthcare provider to see if a small (SM) or large (LG) mask frame would better suit your needs.



- ⚠ **Tip:** If the mask frame falls backward and is too close to your ears you may need a smaller mask frame.



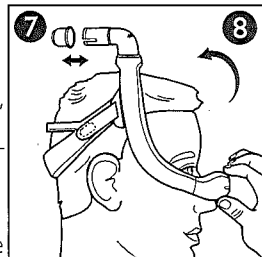
- ⚠ **Tip:** If the mask frame falls forward on the head and is too close to your eyes you may need a larger mask frame.

Using the Mask

1. Connect the CPAP tubing (included with the CPAP device) to the tubing quick release on the elbow.
2. Turn the therapy device on. Lie down. Breathe normally.
3. Assume different sleeping positions. Move around until comfortable. If there are any excessive air leaks, make final adjustments. Some air leaking is normal.

Tubing Quick Release

- 7 The elbow is equipped with a tubing quick release. Pull on the tubing quick release and it will disengage from the elbow and come loose with the tubing.



Removing the Mask

- 8 To keep your adjustments, remove the mask by grasping the cushion and pulling forward away from the nose. Then pull the cushion and mask up and off of the head.

5 Mask Care

Cleaning Instructions

Daily: Hand wash the non-fabric parts.

Weekly: Hand wash the fabric parts.

1. Disassemble the mask (see *Disassembly* section).
2. Submerge and hand wash the mask in warm water with liquid dishwashing detergent.
- ⚠ **Note:** Ensure there are no air pockets present inside the mask parts while submerged.
3. Rinse thoroughly.
4. Lay the headgear and fabric sleeves flat or line dry. Make sure the entire mask is dry before use.
- ⚠ **Note:** Do not place the fabric parts into a clothes dryer.
- ⚠ **Caution:** Any deviation from these instructions may impact the performance of the product.

Dishwashing Instructions

In addition to hand washing, the mask may be cleaned in the dishwasher once a week.

⚠ **Caution:** Use a mild liquid dish washing detergent only to wash the mask.

1. Remove the fabric parts. Do not wash the fabric parts in the dishwasher.

2. Wash in the top shelf of the dishwasher.

⚠ **Note:** Do not use the drying cycle on the dishwasher.

3. Air dry. Make sure the mask is dry before use.

6 Assembly and Disassembly

Assembly

⚠ **Tip:** Align the triangles on the cushion and frame for proper assembly.

1. Cushion: Press into the mask frame until the cushion clicks into place. 9 10

⚠ **Note:** The end of the cushion and the opening in the mask frame are 'D' shaped. The cushion end should match the frame.

2. Elbow: Insert into the top of the mask frame.

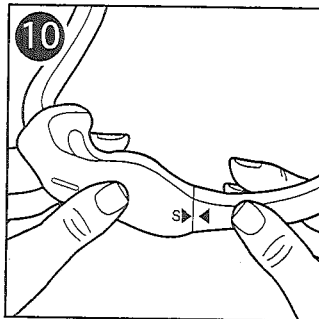
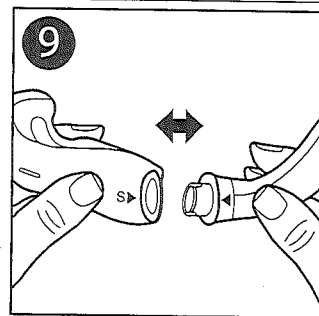
3. Tubing quick release: Push the tubing quick release onto the elbow until it clicks into place.

4. Fabric sleeves: Wrap the sleeves around the mask frame and press the strips together.

⚠ **Note:** The sleeve seams should be on the outside of the frame.

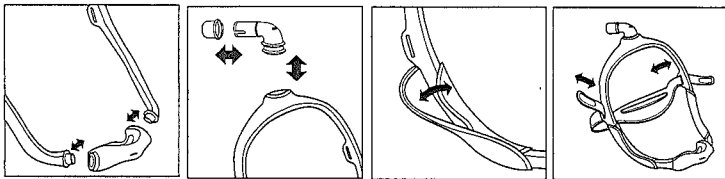
5. Headgear: Slide the tabs into the slots on the mask frame and fold backwards.

⚠ **Note:** The Philips Respironics logo will be on the outside and facing up when correctly assembled.



Disassembly

6. Headgear: Undo the headgear tabs and pull through the slots in the mask frame.
7. Fabric sleeves: Undo the strips and remove from the mask frame.
8. Tubing quick release: Pull the tubing quick release from the elbow.
9. Elbow: Pull the elbow from the top of the frame.
10. Cushion: Pull the cushion from the mask frame.



7 Health Care Provider & Clinician Information

Multi-Patient Use

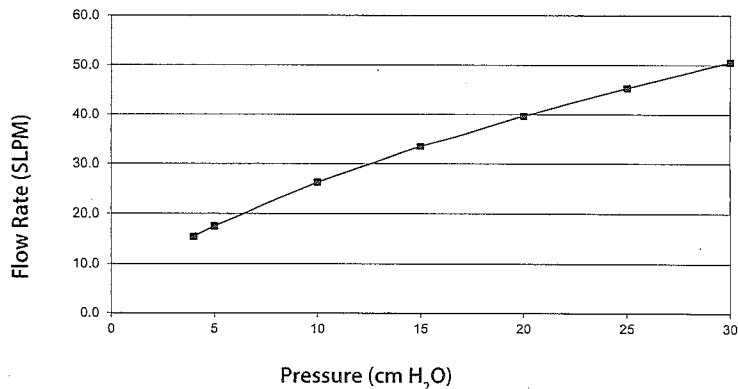
Refer to the Disinfection Guide for Professional Users to reprocess between patients in a clinical setting. Access the latest version of the Disinfection Guide at www.healthcare.philips.com or by contacting customer service at 1-800-345-6443 (USA or Canada only) or +1-724-387-4000.

Specifications

The technical specifications of the mask are provided for your healthcare professional to determine if it is compatible with your CPAP or bi-level therapy device.

⚠ Warning: Use outside of these specifications may result in ineffective therapy.

Pressure Flow Curve



Resistance

	Drop in Pressure (cm H ₂ O)	at 50 SLPM	at 100 SLPM
Cushion size	S	1.1	4.0
	M	1.1	3.9
	L	1.0	3.7
	MW	0.9	3.4

Deadspace

Frame size:	SM	MED	LG
Cushion size:	S: 74 mL	S: 77 mL	S: 79 mL
	M: 76 mL	M: 79 mL	M: 82 mL
	L: 80 mL	L: 83 mL	L: 86 mL
	MW: 81 mL	MW: 84 mL	MW: 87 mL

Sound Levels

A-weighted Sound Power Level 25 dBA

A-weighted Sound Pressure Level at 1 m 18 dBA

Disposal

Dispose of in accordance with local regulations.

Storage Conditions

Temperature: -4° F to 140° F (-20° C to 60° C)

Relative Humidity: 15% to 95%, non-condensing

8 Limited Warranty

Respironics, Inc. warrants that its mask systems (including mask frame and cushion) (the "Product") shall be free from defects of workmanship and materials for a period of ninety (90) days from the date of purchase (the "Warranty Period"). If the Product fails under normal conditions of use during the Warranty Period and the Product is returned to Respironics within the Warranty Period, Respironics will replace the Product. This warranty is nontransferable and only applies to the original owner of the Product. The foregoing replacement remedy will be the sole remedy for breach of the foregoing warranty.

This warranty does not cover damage caused by accident, misuse, abuse, negligence, alteration, failure to use or maintain the Product under conditions of normal use and in accordance with the terms of the product literature, and other defects not related to materials or workmanship.

This warranty does not apply to any Product that may have been repaired or altered by anyone other than Respironics. Respironics disclaims all liability for economic loss, loss of profits, overhead, or indirect, consequential, special or incidental damages which may be claimed to arise from any sale or use of the Product. Some jurisdictions do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you.

THIS WARRANTY IS GIVEN IN LIEU OF ALL OTHER EXPRESS WARRANTIES. IN ADDITION, ANY IMPLIED WARRANTY, INCLUDING ANY WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE, IS SPECIFICALLY DISCLAIMED. SOME JURISDICTIONS DO NOT ALLOW DISCLAIMERS OF IMPLIED WARRANTIES, SO THE ABOVE LIMITATION MAY NOT APPLY TO YOU. THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS, AND YOU MAY ALSO HAVE OTHER RIGHTS UNDER LAWS APPLICABLE IN YOUR SPECIFIC JURISDICTION.

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